



## 3<sup>rd</sup> Annual Conference on Spirituality and Aging:

# CARING FOR OUR AGING

For people of all cultures, faiths, abilities and ages ■ Workshops in English and French

### Keynote Speech by Shahina Siddiqui

Counsellor, Interfaith Advocate and Executive Director of the Islamic Social Services Association

### Performance by Spect-ACT-ular

Seniors Theatre Group from Help Age Canada

Date: Thursday, February 23, 2012  
Time: Registration 8:30 a.m. – 3:45 p.m. Closure  
Location: Saint Paul University, 223 Main Street, Ottawa  
Cost: \$60 for general public; \$25 Seniors, Caregivers and Students  
Price includes: Keynote Speech, Workshops, Conference Material,  
Theatre Group, Vegetarian Lunch, Refreshments and Parking.

**ADVANCED REGISTRATION** required  
by NOON on Friday, Feb. 17, 2012

Send complete registration form and cheque or money order payable to:

For information and registration form: [www.coaottawa.ca](http://www.coaottawa.ca) or contact Khadija Haffajee at 613-749-7138